# **Ayoola**

ababalola1@gmail.com Addresss Phone:



## Objective

Dear sir/ma, Health Care Assistant I have just viewed your job vacancy for Health Care Assistant. I was very enthusiastic to come across the Health Care Assistant opening in your organization. Over the years of my health assistant responsibilities, I have become competent to meet the requirement of this position. I have great desire to undergo new challenges whilst leveraging my skills and wealth of experience. As my resume indicates, I offer critical, analytical and creative thinking, written and verbal communication skill, leadership skill, positive and can-do attitude, problem solving, financial planning and analysis, technical skill in care, proficiency in using hoist, slid sheet, slings, transfer boards, Turntables, Wheelchairs, handling belts, lifting cushions, bed levers and others The attached CV provides more information about my background, qualifications and skills. Please find a copy of my CV attached. I would like to speak with you to further discuss the possibility of my contribution to the continuous success of your organisation. You can reach me via my contacts as stated in my cv. Thank you. Yours sincerely Ayoola Babalola

## Work & Experince

### **Health Care Assistant**

Destiney Social Care provider, 2023 -

• Patient Care: Provide direct assistance to patients with activities of daily living (ADL), including bathing, dressing, toileting, and grooming. Assist patients with mobility and transferring, ensuring their safety and comfort at all times. • Vital Signs Monitoring: Regularly monitor patients' vital signs, including temperature, blood pressure. Report any abnormalities or concerns to the appropriate healthcare professionals. Medication Administration: Assist patients with medication management, ensuring timely and accurate administration according to prescribed dosages and schedules. Document medication intake and report any adverse reactions or concerns. • Assistance with Meals: Assist patients with meal preparation, feeding, and hydration as necessary. Ensure patients receive adequate nutrition and hydration in accordance with their dietary requirements and preferences. • Patient Comfort and Support: Provide emotional support and companionship to patients, engaging in conversations and activities to promote their well-being and alleviate feelings of loneliness or anxiety. • Documentation and Reporting: Maintain accurate and detailed records of patient care activities, including observations, interventions, and changes in condition. Report any significant findings or incidents to the appropriate healthcare professionals. Communication: Communicate effectively with patients, their families, and other members of the healthcare team. Relay pertinent information, address questions or concerns, and collaborate with colleagues to ensure comprehensive client's care. • Infection Control: Adhere to strict infection control protocols and procedures to prevent the spread of infectious diseases. Maintain a clean and hygienic environment for clients, following established guidelines for sanitation and hygiene practices. • Emergency Response: Assist in emergency situations, including responding to medical emergencies, initiating basic life support measures, and alerting the appropriate authorities or emergency services as needed. Continuous Learning: Participate in ongoing training and professional development activities to enhance your knowledge and skills in client care, infection control, and other relevant areas. Stay updated on best practices and industry guidelines to provide the highest standard of care to the clients.

#### Education

Honors & Awards			
_anguages			
Personal info			